

# Hepatitis A

## WHAT ARE THE SYMPTOMS?

fever

joint pain

loss of appetite,  
stomach pain

nausea

yellow skin and  
eyes

dark pee

gray-colored poo

Hepatitis A is a virus that is only found in humans. It causes a sickness of the liver. The liver is an organ that processes nutrients and filters blood. Some people, especially children, do not always show signs of being sick.

## WHAT IS HEPATITIS A?

## HOW CAN I GET SICK?

Hepatitis A is spread through contact with poop. You can get it from food that was contaminated by a person with hepatitis A. Hepatitis A can also be spread through close physical contact with someone who has hepatitis A.

## HOW CAN I KEEP SAFE?

Wash hands with soap and water before preparing or eating food and after using the bathroom or changing a diaper.

Heat food to the proper temperature. Cooked food can transmit hepatitis A if it hasn't been heated enough to kill the virus. Get the hepatitis A vaccine.

## More Info



AZ Department of Health Services  
[www.azhealth.gov](http://www.azhealth.gov)  
<http://www.cdc.gov/hepatitis/HAV>

## OTHER RISK FACTORS

Poor sanitation

Living in a household with an infected person

Lack of safe water

Being a sexual partner of someone with hepatitis A

Traveling to areas where hepatitis A is common

Injecting drugs

